

Food Services at Child Study and Treatment Center

All meals are prepared on-site by a full contingent of experienced cooks and food service personnel. Meals meet precise nutritional guidelines and are tailored to the young population CSTC serves. In addition to meals, the cooking staff helps to nurture the patients by preparing personalized birthday cakes and good-bye cakes when patients leave CSTC. They also provide special meals and snacks, as well as specific physician ordered diets as required. Meals are served in a family style dining room and are prepared on the cottage. The kitchen staff interacts with the children and does their best to make meal time as fun and interactive as it can be in the home environment.